



# A model of successful health care system

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National Cancer Control Program

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# Purpose of this presentation

- ▶ Introduction of health care system in developed countries/western Europe
- ▶ Ideas and suggestion to follow /adapt/change to a better health care system
- ▶ Where are we now / Where we have to start?

# What kind of health care system in the world has been successful in achieving its objectives?



- ▶ Europe has a government-sponsored universal **healthcare system** called the National **Health Service** (NHS).
- ▶ The NHS provides both primary and specialist health care which is largely free at the point of delivery.
- ▶ The NHS consists of a series of publicly funded **healthcare systems**, funded nationally from general taxation.
- ▶ Approximately 90% of items are dispensed to people who are exempt from prescription charges.
- ▶ However, there are small outpatient prescription charges



# Type of health care services

- ▶ Primary care
- ▶ Secondary care
- ▶ Tertiary care



# What is considered primary health care?

- ▶ **Primary healthcare** refers to a broad range of **health** services
- ▶ Provided by **medical** professionals in the community.
- ▶ **Primary health care** principle?

universal access to care and coverage on the basis of need.

- ▶ **Primary care** includes general practice, community pharmacy, dental, and optometry (eye **health**) services.

**Primary healthcare** is the provision of **health** services, including

1. diagnosis and treatment of a **health** condition
2. support in managing long-term **healthcare**, including chronic conditions like diabetes.



# What is the role of primary care?

The **role** of a **primary care** provider is:

A **primary care provider** (PCP) is a **health care practitioner** who sees people that have common **medical** problems.

- ▶ encouraging the patient's participation in managing the health problem,
- ▶ prescribing medications,
- ▶ making referrals to specialty **health care** when needed.



# What are examples of primary care?

- ▶ Patients commonly receive **primary care** from professionals such as a **primary care** physician (general practitioner or family physician)
- ▶ This person is most often a **doctor**.
- ▶ However, a PCP may be a **physician** assistant or a **nurse practitioner**.
- ▶ a nurse practitioner (adult-gerontology nurse practitioner, family nurse practitioner, or pediatric nurse practitioner),



# What does a primary care provider do?

- ▶ General practice doctors treat illnesses and help educate patients.

## **Their specialties include:**

- ▶ preventive medicine,
- ▶ adolescent medicine (age 13 through 19)
- ▶ family practice and public health.
- ▶ Geriatric medicine doctors provide **care** for aging adults.





# What is secondary Healthcare ?

## Secondary Care.

- ▶ If patients have a condition that primary **care** professional cannot resolve it, they will refer the patient to a **secondary care** service.
- ▶ **Secondary care** refers to **services** provided by **health** professionals who generally do not have the first contact with a patient.



# Secondary care continue

Who provides secondary care?

- ▶ **Secondary care** describes the sort of services that the patient might be referred to.

e.g:

- ▶ A child needs to be seen by someone with more specialist knowledge.
- ▶ A women with a breast lump needs to be seen by breast specialist

**Secondary care** includes:

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Hospital services in all specialties (G.surgery, G.Medicine, Obs/Gynea, orthopeady etc...)



# What is tertiary health care UK?

- ▶ **Tertiary care** refers to highly specialized treatment such as neurosurgery, transplants , free flap breast reconstructions, Genetic tests and consultations and secure forensic mental **health services**.





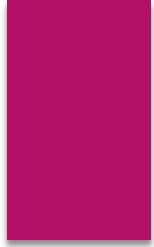
# In Afghanistan !

- ▶ Where we have to start?
- ▶ How can we manage our referral system from primary care to the secondary care.

Please give your suggestions in the Q&A sections.







*Thank  
you*

