



Ministry of Public Health
Preventive Medicine General Directorate
Mental Health & Drugs Demand Reduction Department

Mental Health Clinical Supervision checklist for Doctors working in PHC

Name of MH Supervisor:
 Name of interviewee/title:
 District:
 Date:

Implementing NGOs:
 HF/Name:
 Province:
 Time:

DIRECTIONS FOR CHECKING:

Check if the doctor follows the steps and tasks:

Checked: if the step or task is done properly= yes (1)

Checked: if the step or task is not done or not done properly= No (0)

CHECKE AND OBSERVE THE FOLLOWING:		Check the steps and tasks					
		1st visit		2nd visit		3rd visit	
Part I : Technical knowledge and skills of health care workers:		Date		Date		Date	
1	Exploring the main complaint	1	0	1	0	1	0
2	Exploring the symptoms suffering from	1	0	1	0	1	0
3	Exploring the current psychosocial Stressors	1	0	1	0	1	0
4	Exploring co morbid condition (another mental disorder)	1	0	1	0	1	0
5	Exploring the other Physical disease	1	0	1	0	1	0
6	Finding out impact of symptoms on patient's daily life	1	0	1	0	1	0
7	Exploring Previous episode, Duration, treatment	1	0	1	0	1	0
8	Family History (mental disorder in family)	1	0	1	0	1	0
9	Exploring substances abuse (e.g., opium, heroin, alcohol)	1	0	1	0	1	0
10	Management (Obey the bio-psychosocial module)	1	0	1	0	1	0
Total							
Part II: Psycho-education to patients and families:							
14	Nature of symptoms	1		1	0	1	0
15	Possible risk factors	1		1	0	1	0
16	Psychosocial stressors	1		1	0	1	0
17	Management plan (Bio-Psychosocial module)	1		1	0	1	0

18	Duration of treatment, dosage and effects of medicine	1		1	0	1	0
19	Side effects of medicine	1		1	0	1	0
20	Importance of Follow-up	1		1	0	1	0
Total							
Part III: Communication skills: Health care worker taking care of the below steps:							
21	Greeting	1	0	1	0	1	0
22	Privacy	1	0	1	0	1	0
23	Encouraging the client to speak about his/her problems	1	0	1	0	1	0
24	Listening and observing	1	0	1	0	1	0
25	Showing empathy	1	0	1	0	1	0
26	Questions (open and closed questions)	1	0	1	0	1	0
27	Summarizing	1	0	1	0	1	0
Total							

Total Score							
Category							
Part I	Technical knowledge and skills of health care workers						
Part II	Psycho-education to patients and families						
Part III	Communication skills						
Total							

Name of interviewers/Title:

Suggestion and comments:
By the Supervisor:

By staff:

Observation:

Name of supervisor:

signature: