

Ministry of Public Health

Monitoring & Inspection General Directorate

National Diseases Surveillance and Response Department

وزارت صحت عامه

ریاست عمومی نظارت و بازرسی

دیپارتمنت ملی سرویلانس و پاسخ دهی به امراض

دعامي روغتيا وزارت

دڅارنې او پلتنې عمومي رياست

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Epidemiological Report | Week # 05– 2026

05 (01 - 07 Feb, 2026)

Summary:

Out of **613** functional surveillance sentinel sites, **605 (98.7 %)** submitted reports this week.

A total of **406,140** new consultations were reported, among which **276,592 (39.1%)** were due to surveillance-targeted diseases, which include **141,219 (51%)** females and **124,877 (45.1%)** children under five.

The most frequently reported surveillance-targeted diseases this week were ARI cough & cold with **197,004** cases (**27.9%**), acute diarrheal diseases with **32,825** cases (**4.6%**), and pneumonia with **43,024** cases (**6.1%**).

A total of **475** deaths were reported this week, of which **102 (21.5%)** deaths were due to surveillance-targeted diseases. This includes **87 ARI pneumonia** deaths, **11 suspected meningitis** deaths, **1 acute viral hepatitis** death, **2 AWD with dehydration** deaths and **1 acute viral hepatitis** death.

During this week, 44 outbreaks were reported: **6 measles** outbreaks, **18 scabies** outbreaks, **1** pertussis outbreak, **13 chickenpox** outbreaks, **2 dog bite/suspected rabies** outbreaks, **2 anthrax** outbreaks, **1 pneumonia** outbreak and **1 mumps** outbreak.

Table 1: Top 7 priority infectious diseases cases and deaths out of total consultations in Week 05-2026

Top 7 Diseases	Cases				Deaths				Total				
	Male		Female		Male		Female		Cases		Deaths		CFR
	< 5 Y	> 5 Y	< 5 Y	> 5 Y	< 5 Y	> 5 Y	< 5 Y	> 5 Y	Number	%	Number	%	
AWD with Dehydration	390	310	386	310	2	0	0	0	1396	0.2	2	0.4	0.14
ARI-Pneumonia	14168	7573	12695	8588	50	9	23	5	43024	6.1	87	18.3	0.20
Measles	277	57	243	52	1	0	0	0	629	0.1	1	0.2	0.16
CCHF	0	6	0	1	0	0	0	0	7	0.0	0	0.0	0.00
Confirmed Malaria	10	71	12	41	0	0	0	0	134	0.0	0	0.0	0.00
Dengue Fever	0	4	0	2	0	0	0	0	6	0.0	0	0.0	0.00
Covid-19	2	769	2	698	0	0	0	0	1471	0.2	0	0.0	0.00

Figure 1: Surveillance/ NDSR sentinel sites location by type of health facility, 2026

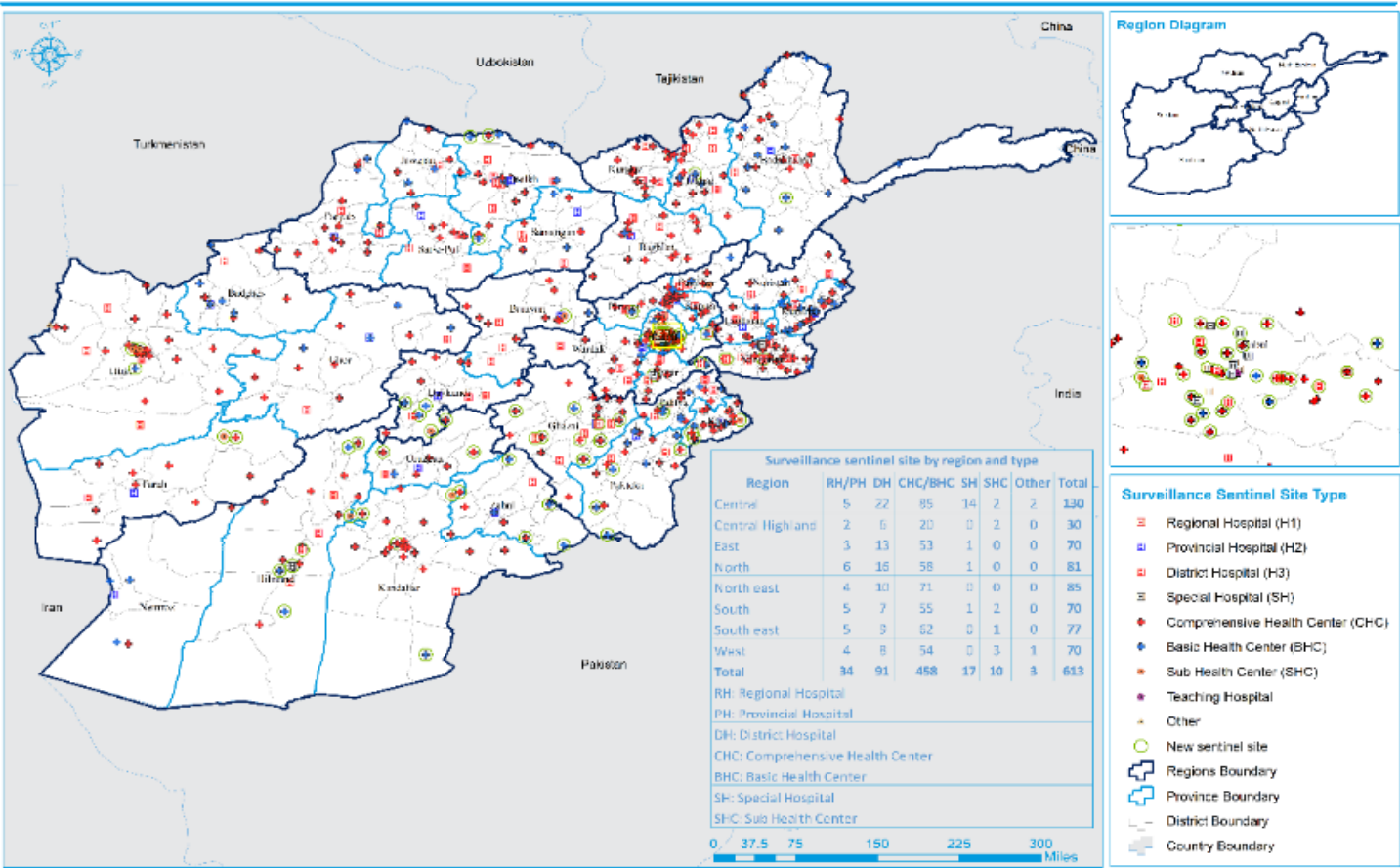


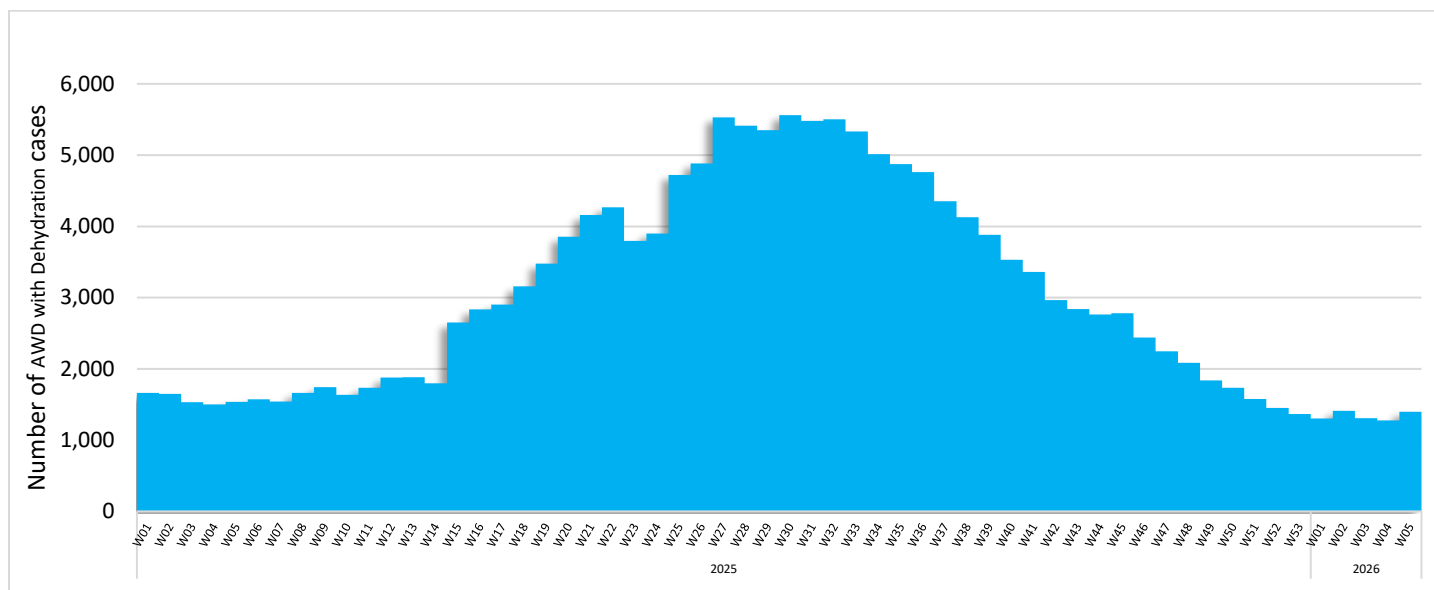
Table 2: Cumulative data on 17 surveillance priority diseases (W05, 2026)

Surveillance Indicators	Cases				Deaths				Total				CFR
	Male		Female		Male		Female		Cases		Deaths		
	< 5 Y	> 5 Y	< 5 Y	> 5 Y	< 5 Y	> 5 Y	< 5 Y	> 5 Y	Number	%	Number	%	
AWD with Dehydration	1,989	1,431	1,841	1,434	3	0	0	1	6,695	0.2	4	0.2	0.06
Acute Bloody Diarrhea	10,082	11,815	9,262	11,926	0	0	0	0	43,085	1.4	0	0.0	0.00
AFP	47	38	32	15	0	0	0	0	132	0.0	0	0.0	0.00
Acute Viral Hepatitis	211	272	199	304	4	3	0	1	986	0.0	8	0.3	0.81
Acute Watery Diarrhea	34,529	21,421	32,506	23,774	0	0	0	0	112,230	3.5	0	0.0	0.00
ARI-C&C	191,468	273,341	184,480	311,142	0	0	0	0	960,431	30.3	0	0.0	0.00
Probable Diphtheria	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0.00
CCHF	0	23	0	15	0	0	0	0	38	0.0	0	0.0	0.00
Confirmed Malaria	64	341	47	255	0	0	0	0	707	0.0	0	0.0	0.00
Measles	1,107	212	1,010	228	4	1	1	0	2,557	0.1	6	0.3	0.23
Covid-19	7	3,620	30	3,848	0	0	0	0	7,505	0.2	0	0.0	0.00
Pertussis	65	5	57	9	0	0	0	0	136	0.0	0	0.0	0.00
ARI-Pneumonia	67,683	35,545	61,185	41,083	211	42	159	34	205,496	6.5	446	19.0	0.22
Meningitis	212	170	183	144	10	10	7	4	709	0.0	31	1.3	4.37
Dengue Fever	0	26	0	11	0	0	0	0	37	0.0	0	0.0	0.00
Neonatal Tetanus	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0.00
Typhoid Fever	156	2,286	150	2,706	0	0	0	0	5,298	0.2	0	0.0	0.00
NDSR targeted diseases/Deaths	307,620	350,546	290,982	396,894	232	56	167	40	1,346,042	42.5	495	21	0.04
Total of new clients/ death	531,996	699,662	510,486	1,423,800	708	662	511	468	3,165,944	100	2,349	100	0.07

Epidemic situation of AWD with dehydration:

- The epi-curve of AWD with dehydration illustrates a gradual decrease since week 33-2025.
- During 5th week of 2026, a total of 1,396 cases and 2 deaths have been reported (CFR=0.1%)
- Out of the total cases, 776 (55.6%) were under-five children, and 696 (49.8%) were females.
- Since the beginning of 2026, a total of 6,695 AWD + dehydration cases and 4 deaths (CFR=0.06%) have been reported. Of these cases 3,830 (57.2%) are children under five and 3,275 (48.9%) are females.

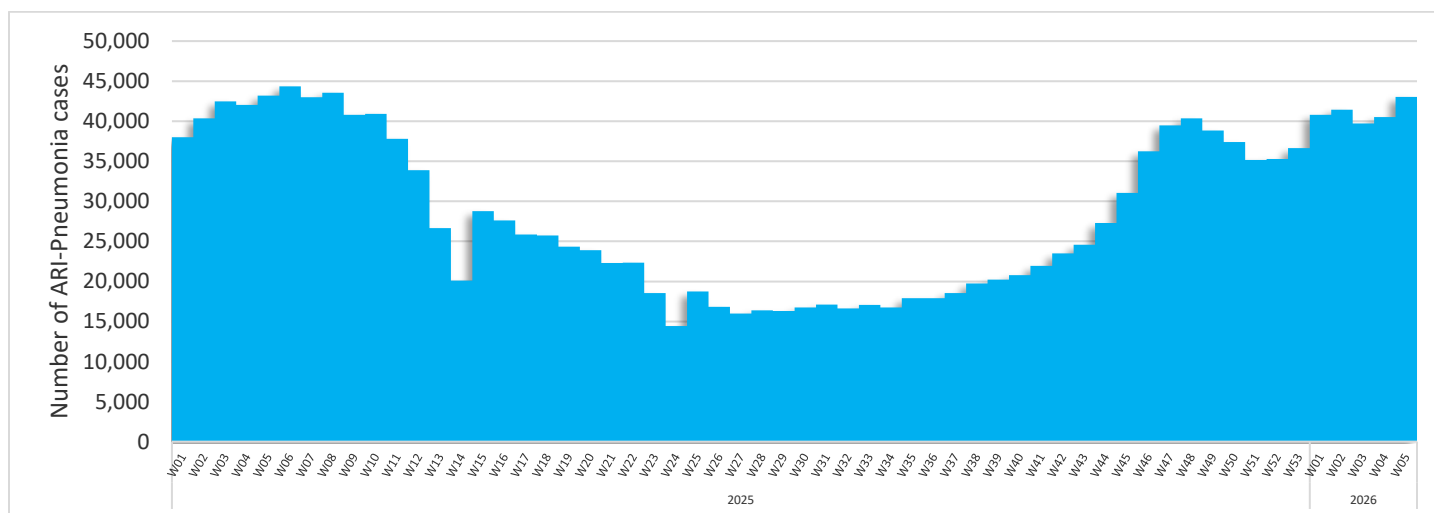
Figure 2: Epidemic curve of AWD with dehydration cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of ARI pneumonia:

- The epi-curve of ARI pneumonia illustrates a notable increase since week 52-2025.
- During the 5th week of 2026, a total of 43,024 cases and 87 deaths have been reported (CFR=0.2%)
- Out of the total cases, 26,863 (62.4%) were under-five children, and 21,283 (49.5%) were females.
- Since the beginning of 2026, a total of 205,496 ARI pneumonia cases and 446 deaths (CFR=0.2%) have been reported. Of these cases 128,868 (62.7%) are children under five and 102,268 (49.7%) are females.

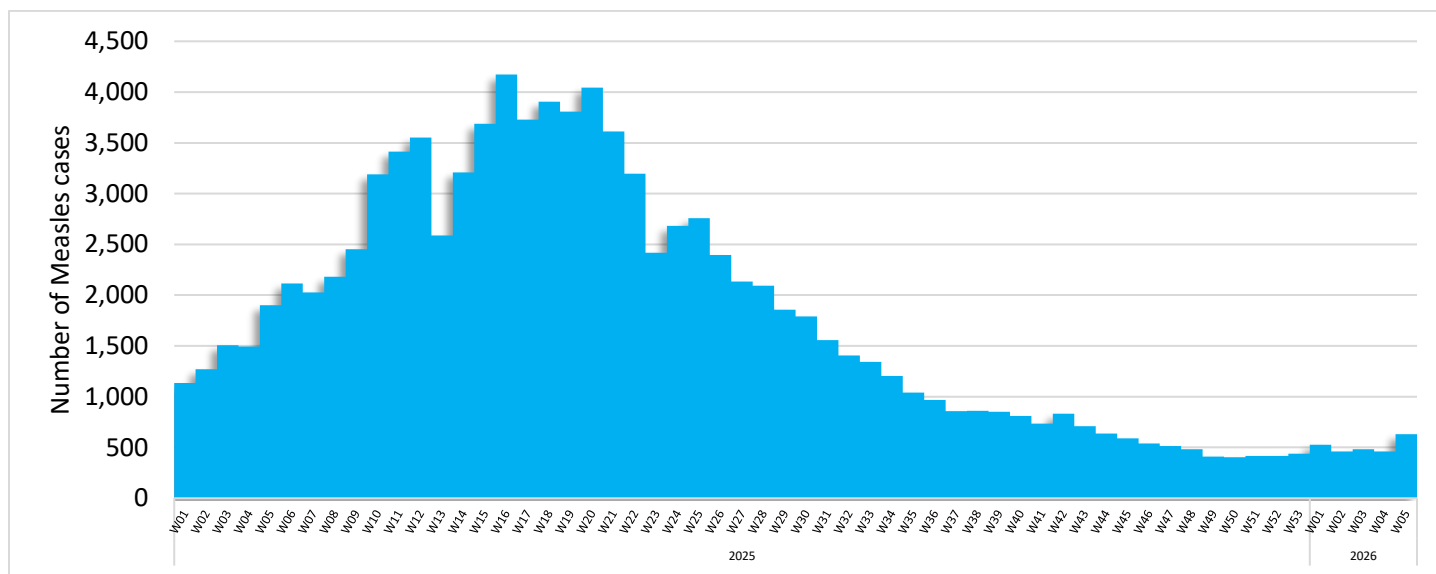
Figure 3: Epidemic curve of ARI pneumonia cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of measles:

- The epi-curve of measles illustrates a notable decrease since week 20-2025.
- During the 5th week of 2026, a total of 629 cases and 1 death have been reported (CFR=0.2%)
- Out of the total cases, 520 (82.7%) were under-five children, and 295 (46.9%) were females.
- Since the beginning of 2026, a total of 2,557 measles cases and 6 deaths (CFR=0.2%) have been reported. Of these cases 2,117 (82.8%) are children under five and 1,238 (48.4%) are females.

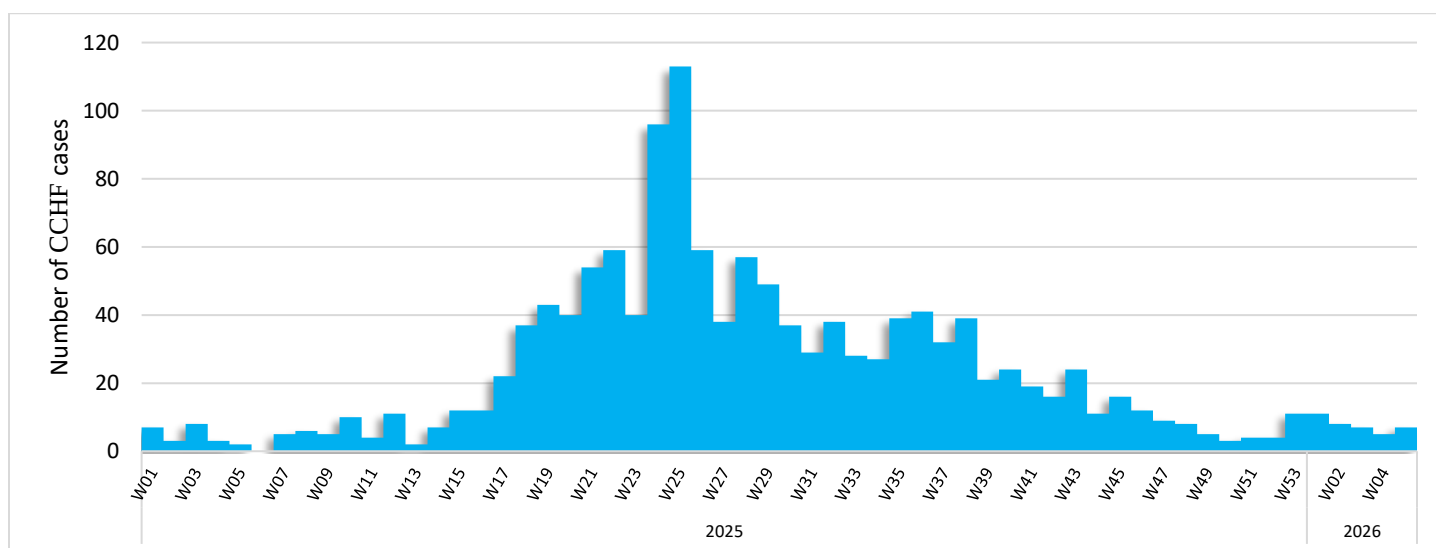
Figure 4: Epidemic curve of suspected measles cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of CCHF:

- The epi-curve of suspected CCHF cases has shown a gradual decrease since week 25-2025.
- During week 5th 2026, a total of 7 cases and 0 death have been reported (CFR= 0.0%)
- Out of the total cases, none of them children under five, and 1 of them (14.3%) was female.
- Since the beginning of 2026, a total of 38 suspected CCHF cases and 0 death (CFR=0.0%) have been reported. Of these cases 0 (0.0%) are children under five and 15 (39.5%) are females.

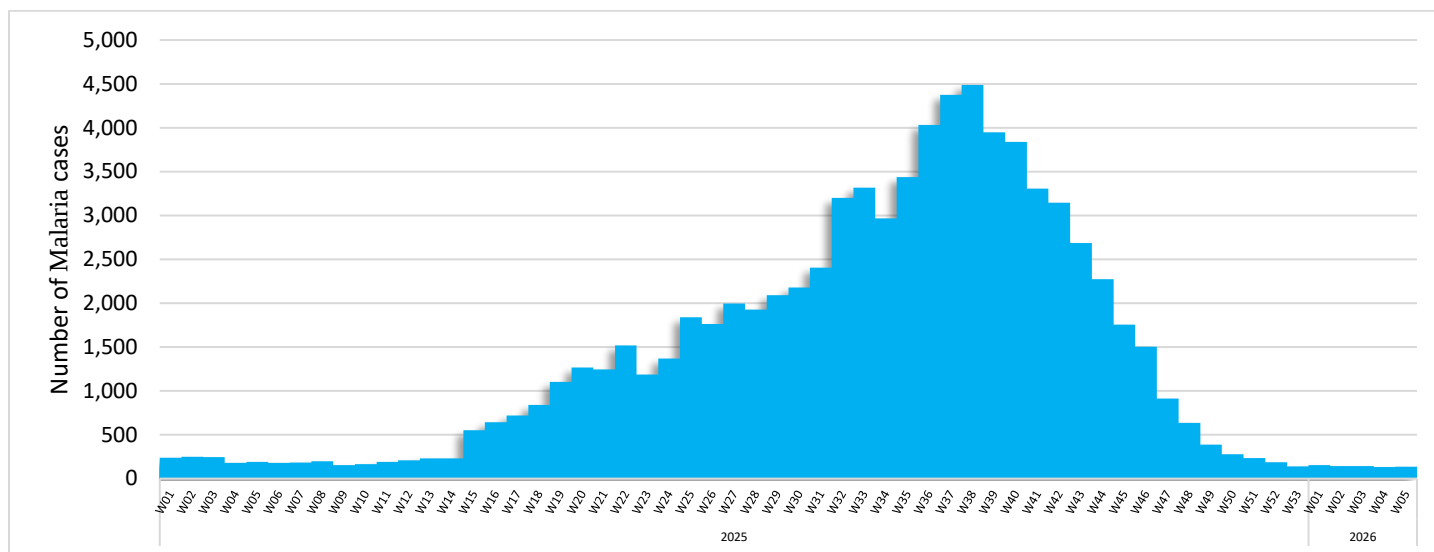
Figure 5: Epidemic curve of suspected CCHF cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of malaria:

- The epi-curve of confirmed malaria illustrates a considerable decrease since week 39-2025.
- During 5th week of 2026, a total of 134 cases and zero deaths have been reported (CFR=0.0%)
- Out of the total cases, 22 (16.4%) were children under-five, and 53 (39.5%) were females.
- Since the beginning of 2026, a total of 707 confirmed malaria cases and zero deaths have been reported. Of these cases 111 (15.7%) are children under-five, and 302 (42.7%) are females.

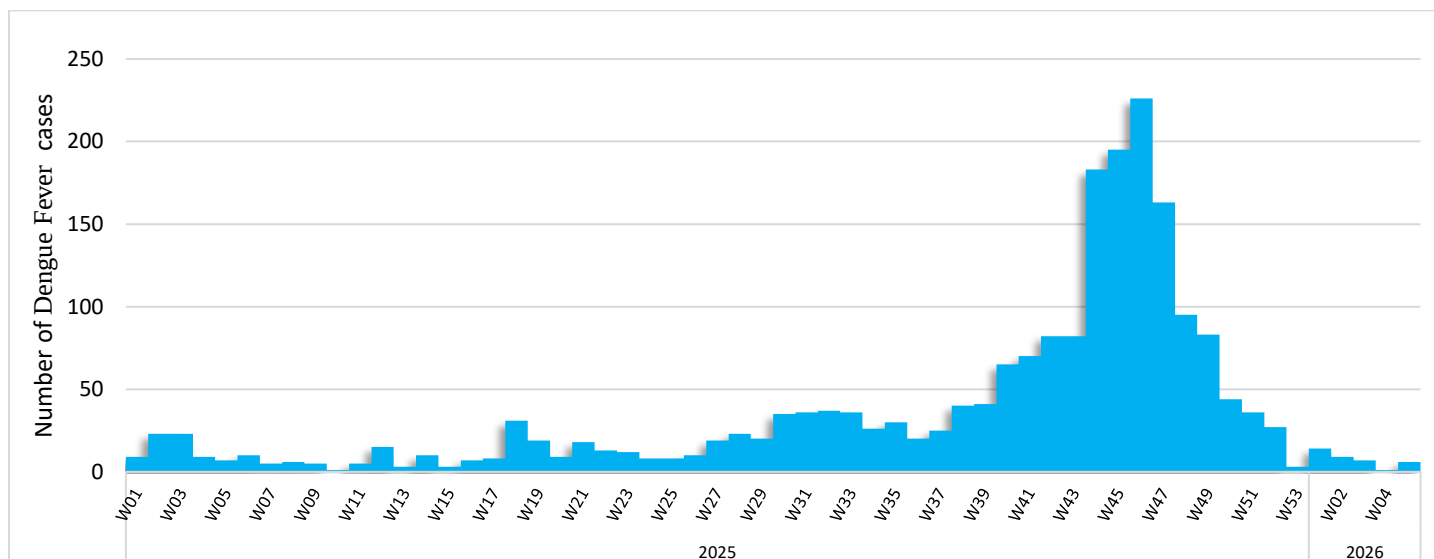
Figure 6: Th Epidemic curve of confirmed malaria cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of dengue fever:

- The epi-curve of suspected dengue fever illustrates a considerable decrease since week 47 of 2025.
- During 5th week of 2026, a total of 6 case and 0 deaths have been reported (CFR=0.0%)
- Out of the total cases, none of them were children under five and 2 (33.3%) cases were female.
- Since the beginning of 2026, a total of 37 suspected dengue fever cases and 0 death (CFR=0.0%) have been reported. Of these cases none of them are children under five and 11 (29.7%) cases are females.

Figure 7: Epidemic curve of suspected dengue fever cases in Afghanistan (W 01, 2025 to W 05, 2026)



Epidemic situation of COVID-19

- The epi-curve of suspected COVID-19 illustrates a gradual decrease from weeks 48-2025.
- During 5th week of 2026, a total of 1,471 cases and 0 death have been reported (CFR=0.0%)
- Out of the total cases, 4 (0.3%) were under-five children, and 700 (47.6%) were females.
- Since the beginning of 2026, a total of 7,505 suspected COVID-19 cases and 0 death (CFR=0.0%) have been reported. Of these cases 37 (0.5%) are under-five children, and 3,878 (51.7%) are females.

Figure 8: Epidemic curve of suspected COVID-19 cases in Afghanistan (W 01, 2025 to W 05, 2026)

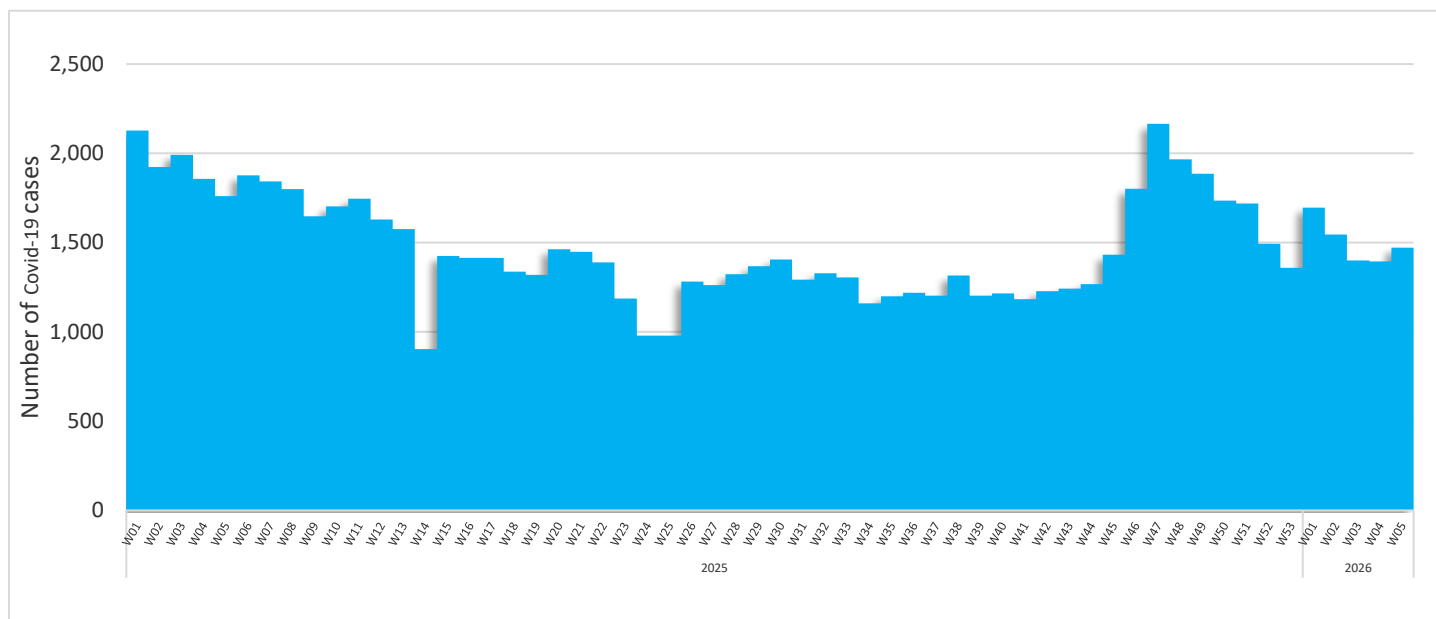


Figure 9: Geographical distribution of major infectious diseases cumulative cases by province in 2026

Figure 9: A (Pneumonia)

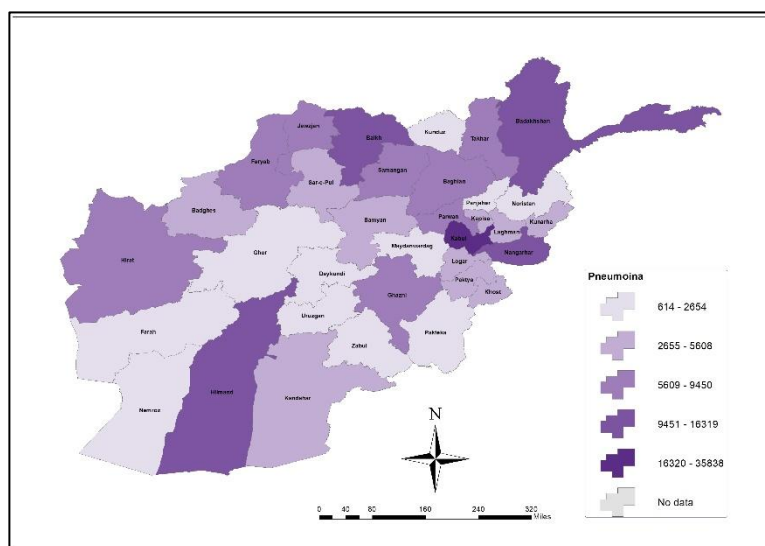


Figure 9: B (Measles)

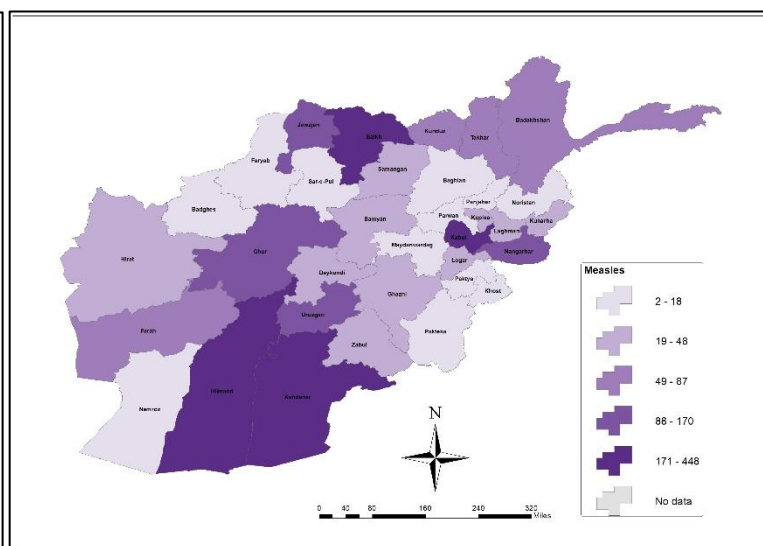


Figure 9: C (CCHF)

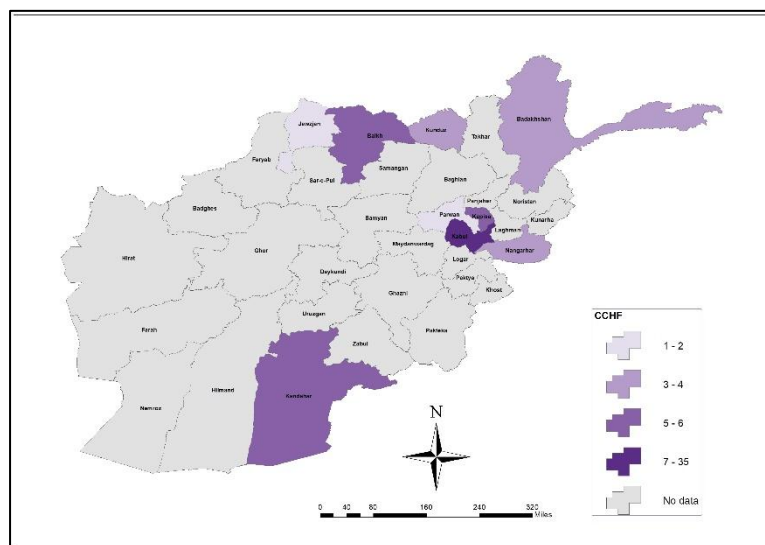
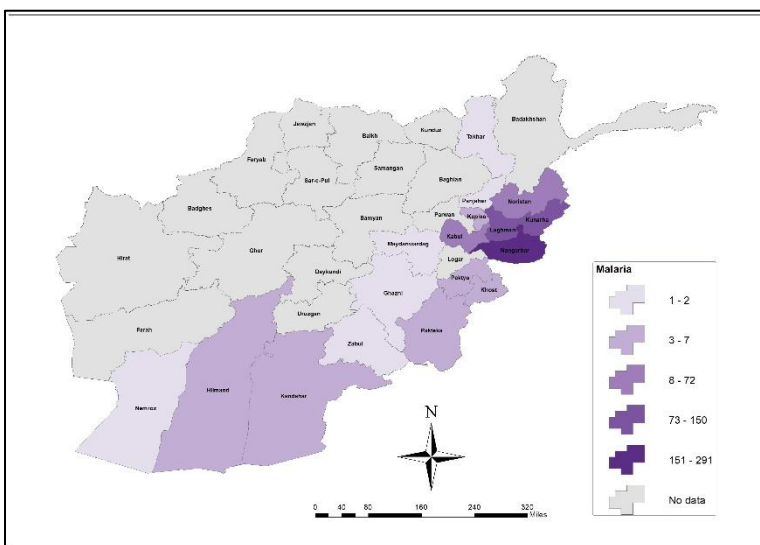


Figure 9: D (Malaria)



Influenza surveillance activities

- In Epidemiological week 5th 2026, we have received reports from all ten influenza sites. Out of all new hospital admissions, 2004 (30.8%) Severe Acute Respiratory Infections cases were reported, and 1333 (66.5%) were under 5 years old and 995 (49.6%) were female.
- The proportion of SARI cases decreased (1.6%) compared to the previous week, and 51 SARI-associated deaths were reported this week: 41 (80.3%) under five and 18 (35.2%) females.
- At all influenza sentinel sites, the highest proportion of SARI cases were reported from Kabul (39%), Herat (36%), and Bamyan (34.3%).
- During this week, our field staff in the country collected and shipped 100 specimens (60 SARI and 40 ILI) to the NIC. Out of all these tested specimens, 8 lab confirmed cases were reported for Influenza Flu (AH3) and Influenza B Victoria, but not a new influenza virus subtype.

Table 3: The Afghanistan NIC lab result of influenza specimens in Week 5, 2026

Influenza site	Specimen Tested	Lab Confirmed	Lab confirmed influenza subtype details				Confirmed (COVID-19)	Positivity rate (%)
			Flu A (H1N1pdm09)	Flu A (H3)	Flu B (Victoria)	Flu B (Yamagata)		
Baghlan	10	0	0	0	0	0	0	0%
Badakhshan	10	1	0	1	0	0	0	10%
Balkh	10	4	0	0	4	0	0	40%
Bamyan	10	0	0	0	0	0	0	0%
Herat	10	0	0	0	0	0	0	0%
Kabul	10	1	0	0	1	0	0	10%
Kapisa	10	0	0	0	0	0	0	0%
Kandahar	10	0	0	0	0	0	0	0%
Nangarhar	10	0	0	0	0	0	0	0%
Paktia	10	2	0	0	2	0	0	20%
Total	100	8	0	1	7	0	0	08%

Outbreak Situation

Table 4: Afghanistan infectious disease outbreaks report | Epidemiological Week # 05-2026

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Figure 10: Geographical distribution of outbreaks and related deaths by province

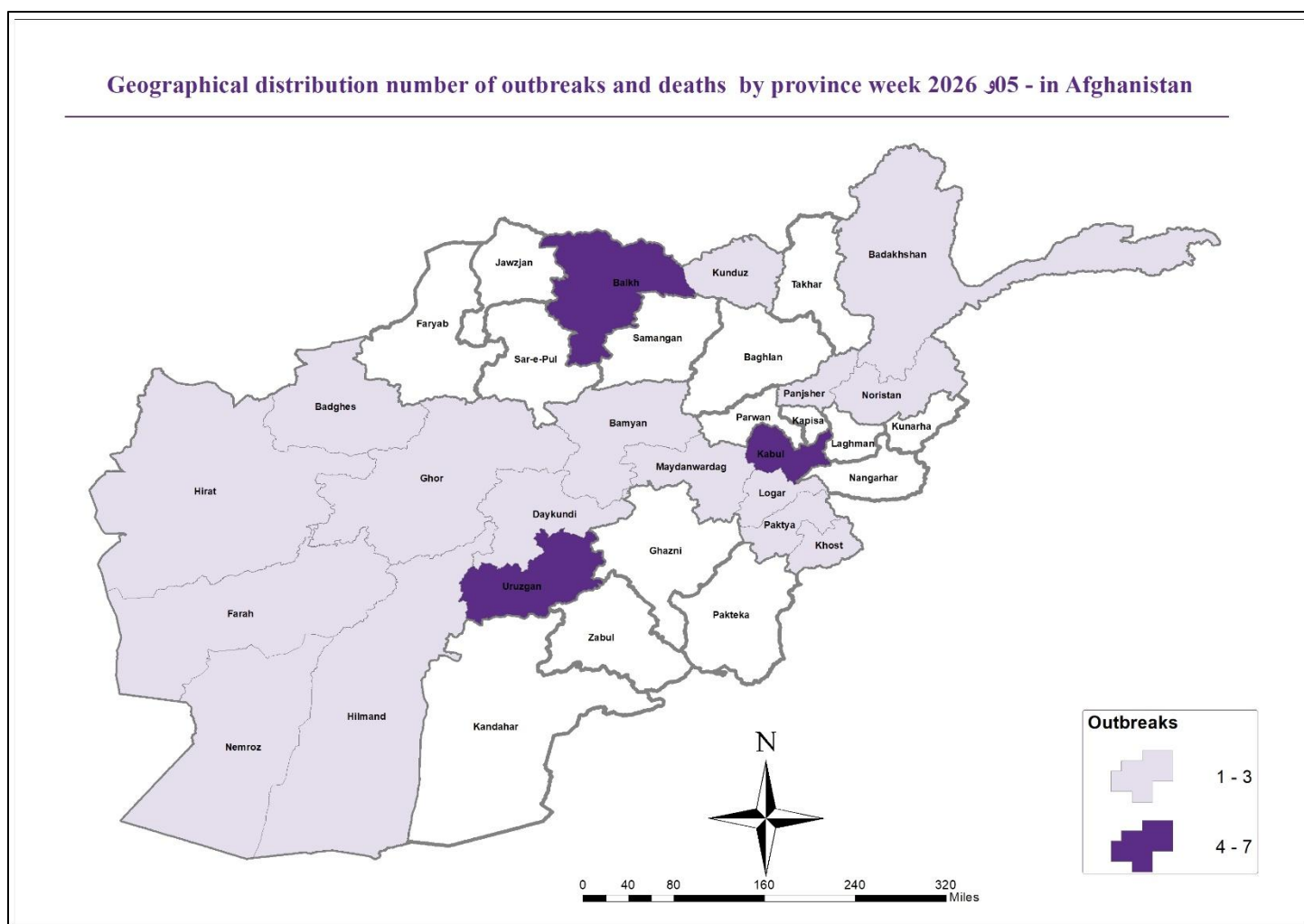


Table 5: Summary of diseases outbreaks during 2026

<u>Disease/Event</u>	Disease/Event	Lab-Confirm	Total Cases	Total Deaths
Measles	26	15	247	5
Scabies	86	0	3401	0
Chickenpox	36	5	517	0
Dog bite/Suspected Rabies	12	0	70	3
CCHF	1	1	5	0
Food Poisoning	1	0	13	0
Pertussis	10	0	58	0
Anthrax	3	0	3	0
AWD with Dehydration	0	0	0	0
Malaria	0	0	0	0
ARI-Pneumonia	3	0	155	0
Brucellosis	0	0	0	0
Viral Hepatitis	0	0	0	0
COVID-19	0	0	0	0

Impetigo	0	0	0	0
Typhoid Fever	0	0	0	0
Mumps	2	0	22	0
Leishmaniasis	0	0	0	0
Botulism	0	0	0	0
Tinea Capitis	0	0	0	0
ARI-Cough and Cold	0	0	0	0
Acute Bloody Diarrhea	0	0	0	0
Rubella	0	0	0	0
Probable Diphtheria	1	0	15	0
Neonatal Tetanus	0	0	0	0
Dengue fever	0	0	0	0
Grand Total	181	21	4506	8

Figure 11: Number of Outbreaks reported and responded during 2026

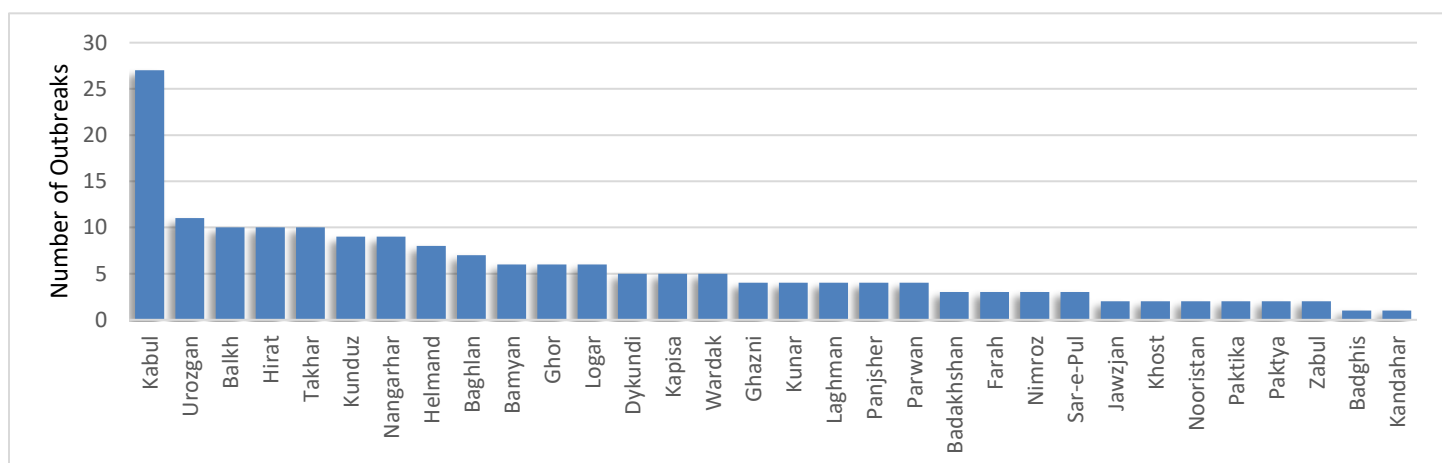


Figure 12: Outbreak Related Deaths during 2026

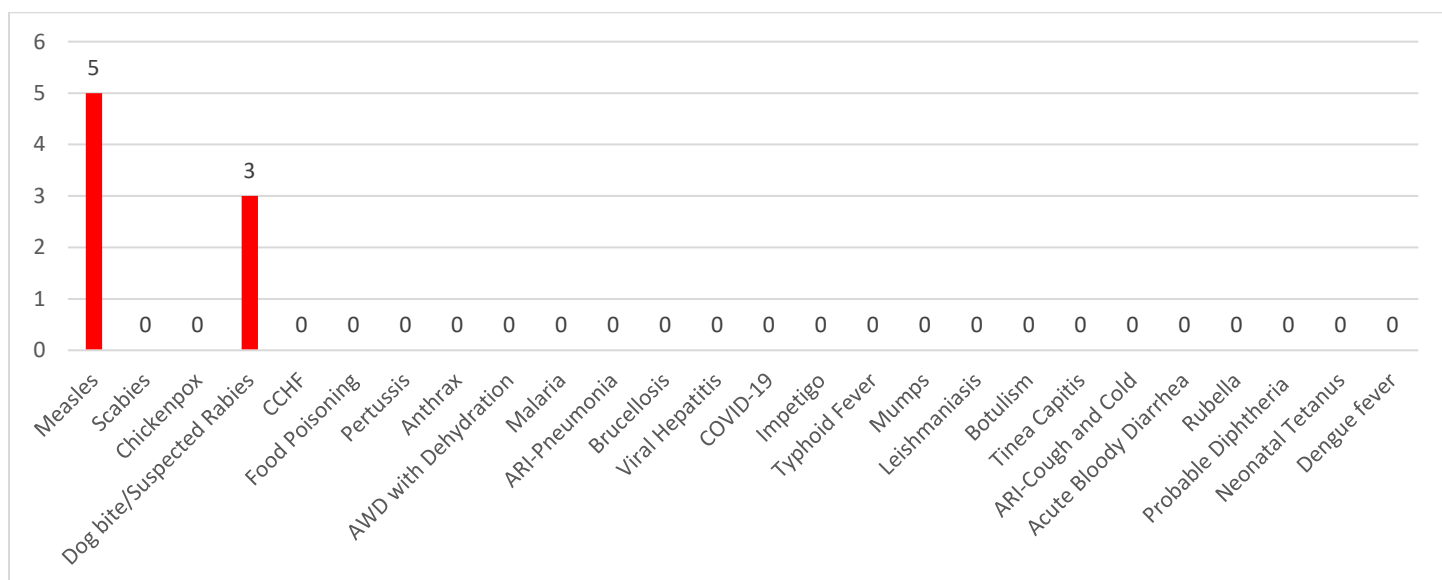


Table 6: Laboratory information from RRL, CPHL, NIDHL and provincial labs in Week # 05-2026

Lab Specimen	Specimen Tested	Specimen Confirmed	Positivity rate (%)
COVID-19	106	0	0.0
Chickenpox	72	38	52.8
SARI	66	3	4.5
ILI	44	6	13.6
Measles	23	8	34.8
ARI/Pneumonia	11	0	0.0
CCHF	9	0	0.0
Pertussis	7	1	14.3
Hepatitis A+E(VAE)	6	4	0.0
Dengue Fever	1	0	0.0
Brucellosis	0	0	0.0
Typhoid	0	0	0.0
M Pox	0	0	0.0
Total	345	60	17.4

Challenges and recommendations:

- Increasing the number of scabies outbreaks as a public health challenge due to the unimproved lifestyle of the community, such as poor hygiene and sanitation practices.
- Increasing the number of chickenpox outbreaks due to the unavailability of the Varicella Zoster vaccine, and it is recommended to provide its vaccine through the national EPI.
- Increasing the number of dog-bite clusters, and it is recommended to provide its control measure through the Zoonotic Committee at the national level.
- Although the number of CCHF cases has decreased over the past four weeks, it is still recommended to maintain and strengthen control measures at the national level to prevent further transmission
- COVID-19 preventive and control measures should be strengthened.
- Vaccine-preventable diseases (especially measles and pertussis vaccination and preventive measures) should be strengthened.
- The measles response strategy should be reviewed to respond to the current measles epidemic situation.
 - **EPI:** As the surveillance system detected **704 (IBS+EBS)** suspected measles cases with **01 (IBS+EBS) deaths** at the national level, further prevention and control measures should be conducted by the EPI team.
- The findings should be analyzed further at different levels, and appropriate actions should be taken by the department concerned.

BR,

NDSR national team